

INSTRUCTOR: Fried, LindaCLASS: Oil and Acrylic Painting

Oil and Acrylic Painting

Supplies:**For Oil Students****PAINTS:****BASIC COLORS:**

LARGE TUBE TITANIUM WHITE

CADMIUM RED MED. - OR - REMBRANDT PERMANENT RED MED.

ALIZARIN CRIMSON

CADMIUM YELLOW MED.

VIRIDIAN GREEN

ULTRAMARINE BLUE DEEP

COBALT BLUE

YELLOW OCHRE

BURNT SIENNA

CADMIUM ORANGE MED.

RAW UMBER

IVORY BLACK

(*NOTE: BUY ARTIST GRADE PAINTS, - OR- IF YOU MUST USE STUDENT GRADE, LUKAS (AT JERRY'S) "STUDIO" OILS, ARE HIGHLY PIGMENTED AT A GOOD PRICE. REMBRANDT PAINTS ARE OKAY, TOO.) AVOID GRUMBACHER AND MOST STUDENT GRADE PAINTS. They are initially less expensive, but you will use so much more trying to get vibrant colors- which you won't!

The Traditional Pigments

You will note that each basic color comes in twos. There will be a dark red, and a bright red. Or a dark green and a light green. These have nothing to do with more added white or yellow to make them lighter. If you were to thin these pure colors out to almost nothing with a clear medium, they would STILL be a dark green and a light green.

BRUSHES:

Please avoid synthetic. While brushes seem (like all art supplies) costly, remember that you get what you are willing to pay for. I use hog's hair bristle brushes of good quality. They should have good "spring-back" when you take your thumb at the base of the bristles and bend them back all the way. They should not be too soft.

You will need one large 2" up to 3" brush for backgrounds. I like the Bob Ross background blender, which you can get at Michael's. It is around \$22, but they have 40 and 50% off coupons all the time, and I save mine for art supplies.

Other brushes:

At a minimum:

#10, #8, #6, #4, Flat or Filbert (I prefer filberts) One fine script/liner brush

Plus the 2" for backgrounds. Don't use regular house paint brushes. They will leave hairs all over your

canvas! (Bob Ross is the better choice).

One palette knife for mixing colors.

MEDIUM:

There are lots of schools of thought on different mediums, mixing your own, etc. Mediums help add transparency and vibrancy to your paints, and make them go further. I have tried them all in 40 years of painting, and now use only Winsor & Newton "Liquin." (Another item I save my Michael's coupons for and buy the large size.)

PAINT THINNER:

This is to clean your brushes, not to use as a medium. I ONLY use Mona Lisa, which is only available now at Michael's. It's the best, has no to little odor, and works great. You can also use Turpenoid, but I find the odor (even though it's supposedly "odorless", offensive. Definitely not preferred. ***ONLY BUY ODORLESS!

You can use something like a clean coffee can to put the thinner in, or buy a stainless steel sealed container specifically for oil painting, which is ideal because it has a built in screen/strainer.

You need to make some sort of screen to keep your brush from going into the oil paint sediment that will wind up in the bottom of the can. An alternative is a tall jar that is large enough for a small can to fit in. (Example: A peanut butter jar and an olives, or other 4 oz. tin). Remove outer label and clean the tin well and then turning it upside down, you can use an awl and hammer to hammer to make several holes approximately 1/4" apart. Place it bottom up in the bottom of your clean jar and fill with Mona Lisa paint thinner to about 1" below top.

PALETTE:

Again, many choices and opinions on these. A paper disposable palette (largest size) will work fine. If you can get the grey tinted, all the better. (Available at Arizona Art Supply. Mention you're a student for a small discount). I use the Masterson's blue lid companion Palette Sealer to keep my paints fresh-er between classes. (Also top with wax paper before sealing. Helps keep them from skinning over longer).

Canvases, stretched or panels. It's easier to learn, I feel, on stretched canvases. Don't use tiny sizes. Preferred is 16 x 20, or at smallest, 14 x 18.

Paper towels: Bounty select-a-size are best.

Pictures: If you are a beginner, look for pictures online, not paintings, of simpler uncluttered things: fruit, a couple flowers, simple landscape, etc. Print a regular sized paper (8.5x11) to bring in. I will do a demo starting with the 2nd class for 3 classes for 30 minutes or so, which I will email the photo for between the first and second class. *I will be doing the demo in oil.

For Acrylic Students

PAINTS:

Buy paints (artist quality) in tubes. You want a heavier body than the liquid colors as they are easier to work with. Note: student acrylic paints are cheaper for a reason: they've got more filler in them, or made from cheaper pigments. Golden is the best, Winsor Newton next, then Liquitex.

COLORS:

PHTHALO BLUE
GREEN BLUE
VIRIDIAN GREEN
PERMANENT GREEN LIGHT
ULTRAMARINE BLUE
UTLRAMARINE VIOLET
MAGENTA
PERMANENT ROSE
CADMIUM RED MEDIUM
CADMIUM ORANGE
CADMIUM YELLOW LIGHT

*SUBSTITUTES (if you can't find certain colors):

Phthalo blue/ - Cobalt Blue
Green blue/Phthalo turquoise
Viridian Green/ Phthalocyanine green
Permanent green light/ Emerald green (cooler)
Ultramarine blue and Ultramarine Violet have no substitutes.
Magenta/Cobalt Violet (more red)
Permanent Rose/Permanent Alizarin Crimson
Cadmium Red Medium/Permanent Red
Cadmium Red Orange/Cadmium Scarlet
Cadmium Orange/Permanent Orange
Cadmium Yellow Light/ Cadmium Lemon

BRUSHES:

#10 or #12 flat
#6 or #8 flat or bright
#6 or #8 filbert
#4 or #6 round

Note: Purchase brushes that are designed for use with acrylics, such as synthetic nylon or Taklon brushes. Avoid bristle brushes, as they are scratchier. Avoid sable brushes, (too soft) and brushes made only for watercolors and oils.

ALSO: At a bare minimum, but also good in addition to the above, purchase a set of flat hake-style nylon brushes. You can purchase them at Michael's or Hobby Lobby 3 to a card in 1/2, 1, and 2" sizes. They work great and are cheap.

PLASTIC PALETTE KNIVES

PALETTE:

Masterson makes an acrylic palette that comes with a large sponge that you wet and put the Masterson's paper over with a red seal top. (Ask for this at your art store) These are very good as acrylic dries super fast and it helps keep them moist longer.

That aside, you may use safety glass palette or a butcher tray, (art store) which is enameled steel (White with a blue edge) that has about an inch border around it, which is nice, as it prevents runoff.

ATOMIZER BOTTLE (for water- the spray helps to keep paints wet)

MEDIUMS:

****Liquitex (brand) Palette Wetting Spray** - keeps your acrylic paints moist; it also slows the drying time of acrylic paints and makes it easier to blend colors, working in much the same way as ****Acrylic Glazing Liquid and Acrylic Retarder.**

(****You'll need at least one of these**)

GLOSS OR MATTE MEDIUM:

(optional, but great to have)

Gloss mediums - handy if you want to enhance the natural sheen and luminosity of acrylic paint.

Gloss medium will also make paint thinner and more transparent, which is useful if you want to paint thin but brilliant glazes.

Matte mediums - handy when a more subtle, non-reflective finish is needed. You can also mix gloss and matte mediums together in equal parts to achieve a kind of semi-gloss.

SUPPORTS:

Support" is just an art term for any surface on which you apply paint or any kind of medium.

Canvas, stretched or flat panel.

(*Note on paper - there are a few manufacturers that make Acrylic paper, which is the **ONLY** kind you should use, but generally not available around Phoenix. Also, if you use paper you will need an art board or something for support. Stick with canvas for now.

LARGE water container (I cut the top off a large water bottle and use that)

Paper towels- I recommend Bounty select-a-size, as they don't leave paper fuzz.

PICTURES:

IF YOU ARE A BEGINNER, LOOK FOR PICTURES ONLINE- NOT PAINTINGS- OF SIMPLER UNCLUTTERED THINGS: FRUIT, A COUPLE FLOWERS, SIMPLE LANDSCAPE ETC. AND PRINT UP A REGULAR SIZED PAPER (8 1/2 X 11) TO BRING IN. I WILL DO A DEMO STARTING WITH THE 2ND CLASS FOR 3 CLASSES FOR 30 MINUTES OR SO, WHICH I WILL EMAIL THE PHOTO FOR BETWEEN THE FIRST AND SECOND CLASS, SO YOU CAN PRINT IT AND YOU MAY DO THAT WITH ME IF YOU WISH. (****I will be doing the demo in oil**)

If you have any questions- Please call the Leisure Education Office at 480.312.7957 and they will pass me your questions so I can contact you.